

CLEM'S README

How to manage me

THAT'S FUN TO ME

I like things that I know and I don't mind repetitive things, I don't get bored. So if there are things that people don't find exciting, chances are I'll be happy with it. Routine and rituals help to facilitate understanding of what is going on and what is going to happen next.



WORK WITH INERTIA

Inertia is a less documented aspect of autism where we have trouble starting something new or stopping once we've started. Help me start a brand new project if I struggle by giving me the first step and keep me on it once I'm familiar if possible.



KEEP AN EYE OUT

I can become overwhelmed (switching context too much, too much socialization, etc) and shutdown or on the contrary become hyper. Be mindful of those and help me take a break to figure out what's overwhelming me.



KEEP IT CONCRETE

I don't feel ambitious or the need to climb a ladder. I don't understand abstract concepts so discussions of growth may require more guidance. My motivations are doing a good job and having input on my work.



KNOWLEDGE SHARING

I don't like public speaking but I'm great at documenting existing things on confluence. It's harder for me to do research spikes though because it's very abstract and vague. If things aren't defined it's very hard for me to understand what to do.



LET ME TAKE OWNERSHIP

I like taking the lead on projects that are well planned with the whole team and I feel a lot of ownership. I like to be able to focus on only one thing for a sprint or several and I take great care in moving a project to being launch ready.

